

food & refreshments

Post-race

Top 3 Overall Male Top 3 Overall Female Top 3 Finishers in each age category (5 year groups)

Ribbons for all children under 14

Prizes: Area restaurant and other Gift Certificates.

Register online:

www.glirc.org/events www.islandharvest.org Saturday, June 15, 2013 Eisenhower Park, Field #1 East Meadow, NÝ
(Access from Merrick Ave. entrance only)

Registration Starts at 7:30 AM Race Time: 8:30 AM

REGISTRATION FORM

Proceeds will benefit:



www.islandharvest.org

Race timed by: Start2Finish

Name			Sex M	F
Age on Race Day		Birth Date		
Email	Phone			
Address				
City	State	Zip Co	de	

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, dehydration, traffic, and the conditions of the road, all such being known and appreicated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my hehalf, waive and release the New York State Society of Certified Public Accountants, Island Harvest, the County of Nassau, NCCPAP, FPA of LI, and all sponsors, Race Directors, their agents and volunteers, their representatives and successors from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, and any other record of this event for any legitimate purpose. Lacknowledge that entry fees are non-refundable for any reason and that my right to participate in this event (or a rescheduled event if this event is cancelled) is non-transferable. Roller Blades, Baby Joggers, Headphones, and Animals are prohibited from participating in this race.

Applicant Signature Parent or Legal Guardian's if applicant is under 18

Date

- Register online at Active.com for \$20 (kids under 14 are half price)
- □Enclosed is my registration fee of \$25 payable to Island Harvest (kids under 14 are half price)
- ____ payable to Island Harvest ☐ Enclosed is my additional tax deductible donation of \$__

ADVANCE REGISTRATION \$25 by June 13th, 2013. DAY OF RACE REGISTRATION FEE \$30

Mail registration forms & checks to: Raymond W. Floch, CPA, G.R. Reid Associates, LLP 181 Main Street Huntington, NY 11743 (Or bring to registration table at race)

NASSAU CHAPTER



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Roy B. Massa roymassa@yahoo.com



